

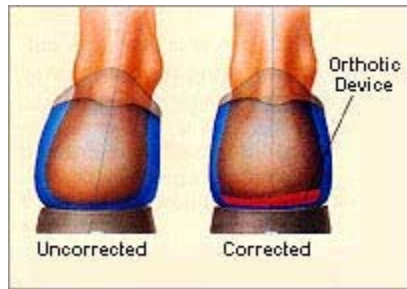
ORTHOTICS

www.gotophysio.com

THE PROCESS

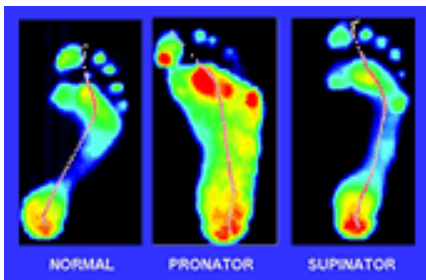
Custom prescription foot orthotics are precision medical devices that are designed to adjust and control the function of the foot and its alignment with the lower leg.

The customized orthotic are intended to correct abnormal or irregular walking pattern by altering the angles at which the foot strikes the ground.



Orthotics is often recommended by physiotherapist & physicians for, but not limited, to the following conditions:

- Pronation (collapsing in)
- Supination (rolling out)
- Plantar Fasciitis
- Knee/Back Pain
- Arthritis
- Diabetes



Your qualified physiotherapist will do a complete biomechanical assessment of your foot followed by taking cast impressions of your individual feet. Your cast and prescription are sent to a professional orthotic laboratory – The Orthotic Group – where your orthotics is made by technicians with appropriate training and qualifications.



MATERIAL

The orthotics is individually constructed from a mold of your feet. Rigid orthotics is usually made of a firm material such as plastic and are primarily designed to control abnormal motion and for better function. Soft orthotics is constructed of malleable materials that help absorb shock,

improve balance and take pressure off tender spots or problematic areas.

FOOTLINE WEAR

Our customized footwear line has proven to be in a class of its own in terms of comfort, construction and design. Ask your physiotherapist for the different styles. We carry the following

- Sandles
- Running Shoes
- Dress Shoes
- Steel Toed Boots
- Walking Shoes
- Golf Shoes
- Hiking Shoes



INSURANCE

Many extended health packages include coverage for customized orthotics if prescribed by a physiotherapist or physician. Check with your extended health administer for coverage and requirements.